

## PARENTS PLUS Childrens Programme

An evidence-based parenting course promoting effective communication and positive relationships in families with adolescents aged 5 to 11 years.

An 8 week course taking place every Tuesday From 7<sup>th</sup> May to 2 <sup>nd</sup> July (excluding half term break)

It will take place at Staple Hill Childrens Centre from 9.30 -12PM
The course will be facilitated by workers from the Families Plus 5 18 team

Schools to complete ART form and email AccessandResponse@southglos.gov.uk

Parents to contact Compass Team through Access and Response on:

01454 866000



Parents Plus is an Irish charity that develops practical, evidence -based parenting and mental health programmes. We train professionals working with children and families to deliver the programmes in communities and clinical settings. Our programmes support families to communicate effectively, build satisfying relationships and overcome emotional and behavioural problems.

www.parentsplus.ie