



We support parents and carers of children and young people (aged 0-25) with Special Educational Needs and Disabilities (SEND), with or without a diagnosis

## Are you feeling confused, frustrated or isolated on your child's SEND journey?

Our Community Base at The Kingswood Centre is a place where you can come for support and information. There's no need to book - just turn up on a Thursday between 10am-2pm (term time only), where you'll be welcomed by our friendly community support team.

## Is online support easier?

Have a cuppa and a catch up with other parent carers at one of our online support groups.

## Sign up to our FREE workshops

On a range of SEND themes, including: ADHD, autism, self-harm, mental health, behaviour, communication, tics and Tourette's.

## Have your say!

We share your views with the decision makers so that we can improve SEND services.

## Want more information?

Visit [www.sgpc.org.uk](http://www.sgpc.org.uk) or scan here.



JOIN US