## **Dentist/opticians**

It is advisable that your child attends the family dentist and optician at regular intervals. These services will see your child free of charge.

## The School Health Nursing Team

Your School Health Nursing Team is made up of School Health Nurses and School Health Assistants who are experienced in working with children and young people and providing young people-friendly services. There is a named School Health Nursing Team for all schools with an allocated link School Health Nurse.







Healthy Eating



Healthy Relationships



**Dental Health** 

LGBGTQA



& Smoking





Sleep



Physical Health

Concerns

Continence

This service is provided by Sirona care & health as part of the Community Children's Health Partnership.







## Let us know what you think and get involved

T: 0300 124 5300\* E: sirona.hello@nhs.net W: www.cchp.nhs.uk

\*Calls from a landline are charged up to 10p per minute; calls from mobiles vary, please check with your network provider. This is not a premium-rate number.

This document can be provided in other formats and languages, please contact us for more information.

> Date of creation: 08/20 Date for review: 08/24 **URN: 0098**

### **Registered Office:**

Sirona care & health CIC, 2nd Floor, Kingswood Civic Centre, High Street, Kingswood, Bristol BS15 9TR Company Number: 07585003



Information for parents and carers of children attending primary school in Bristol, North Somerset and South Gloucestershire

Service provided by



## How we can help

Healthy children have a better chance of learning. We work with children, young people and their families to:

- Provide health information, both in groups and individually
- Identify health promotion/health improvement initiatives, together with your child's school
- We also liaise with and can make referrals to other professionals. We will discuss their involvement with you and make a referral, if appropriate, with your consent.

# National Child Measurement Programme

The National Child Measurement Programme (NCMP) measures the height and weight of children in Reception class (aged 4 to 5) and year 6 (aged 10 to 11). It is coordinated by the School Health Nursing Team. Your school will be in touch with more information, if your child is eligible. Your child will receive this service unless you decide to opt out.

### Healthcare needs in school

Your School Health Nurse works with school staff and other professionals to ensure children's health needs can be supported when they are in school. This enables all children to access education and achieve their full potential.

As your child becomes a young adult they will be encouraged to take responsibility for their own health and lifestyle.

In some areas, you may receive a "School Health Entry Questionnaire" where you can let us know about any health conditions your child may have. Please remember that it is your responsibility to inform your child's school about any medical conditions, wellbeing concerns your child may have, and any medications that your child may need during the school day.

# **Privacy and confidentiality**

All information received by the School Health Nursing team is treated as confidential, unless there are safeguarding concerns. Any information shared with relevant agencies will always be done in the best interests of your child.

Keeping your personal information safe and secure is important to us. For more detailed information on how we protect your information you can read more on our website: www.cchp.nhs.uk/privacy-policy

We offer free webinars which offer practical advice and information on a variety of topics designed for parents and carers. These are:

- Keeping your child happy and healthy
- · Healthy eating and physical activity
- Emotional wellbeing
- Eating disorder awareness
- Sleep
- Dental health
- Starting school
- Moving up to secondary school

You can book onto dates by visiting: https://bit.ly/SchoolNurseWebinars

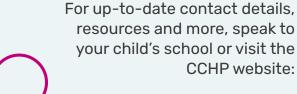
### Other useful information

#### **Immunisations**

Your GP will have arranged for your child to have a booster immunisation at around 4 years of age.

Further information about immunisations will be offered throughout your child's school life and are subject to change according to Department of Health recommendations. Some of these will be offered in school.

For more information, please visit www.nhs.uk/vaccinations.



www.cchp.nhs.uk/ school-health-nursing

