

A “needs led” approach to supporting children, young people with social and communication challenges

“Thinking big, starting small, testing smartly!”

Newsletter 2

The “needs led” projects – what’s on offer and how can I access them?

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Section 1: Bristol, North Somerset & South Gloucestershire

Service Name	Facebook Group
Brief overview of activity	
Our private Facebook group, currently 350 members, helps share local information to families and provides opportunities for informal meet ups and peer-to-peer support.	
Target group/s	
Parent carers.	
Access criteria	
Parents and carers of under 18 girls and gender diverse young people with a profile of autism or social communication difficulties based in Bristol, North Somerset and South Gloucestershire. No diagnosis is necessary to join the group.	

Areas of delivery	
<ul style="list-style-type: none"> • Bristol • South Gloucestershire • North Somerset 	
Where will the activity take place?	
N/A	
When will the service / training / activity take place?	
Days of the week: N/A	Time of day: N/A
Service dates:	
Ongoing.	
Contact details	
Organisation	NeonDaisy
Project Lead	Amy Holgate
Telephone	07585112009
Email	amy@neondaisy.org.uk
Website	www.neondaisy.org.uk

Service Name	Bristol Autism Support – 6-week Support Blocks	
Brief overview of activity		
Bristol Autism Support will run 18 x special 6-week support blocks for specific topics. Each session of the 6-week course lasts 90 minutes and includes a presentation and time for discussion. Connection between participants outside of the sessions is encouraged in order to build friendships.		
Target group/s		
Parent carers:	All attendees will be parent carers and each group will be targeted to support parent carers of children aged between 0-18.	
Access criteria		
Just that they are a parent carer living in Bristol or the surrounding area. Either with a child diagnosed as autistic or under assessment for autism. Attendee's must be registered for the group in advance.		
Areas of delivery		
<ul style="list-style-type: none"> • Bristol • South Gloucestershire • North Somerset • May have occasional parent from BANES also 		
Where will the activity take place?		
Most of our sessions are held via Zoom, although we will be holding some in person groups such as our sessions in June which will be held in Bedminster at the Quaker Meeting House.		
When will the service / training / activity take place?		
Each group will be held on different days at different times. Groups so far:	Time of day:	
March / April groups		
Non speaking group Wednesday	10-11.30 (Zoom)	
New to autism (0-11) Thursdays	10-11.30 (Zoom)	
Supporting distress Mondays	10-11.30 (Zoom)	
May / June groups		
Assertiveness Wednesday	10-11.30 (Zoom)	
Sensory Fridays	10-11.30 (in person – Bedminster)	
New to autism (11-18) Fridays	12.30-2 (in person – Bedminster)	
12 more groups dates and times to be confirmed in due course.		
Service delivery period:		
March 2022 – March 2023 Term time only		
Additional Information		
Groups that will be provided include:		
<ul style="list-style-type: none"> • New to autism (separated groups for 0-11 and 11-18) • Supporting Distress and behaviours that challenge • Sensory Processing differences • Communicating with a non-speaking child • Assertiveness for parents of autistic children • Masking and anxiety 		

More information - https://www.bristolautismsupport.org/support-blocks/	
Contact details	
Organisation	Bristol Autism Support
Project Lead	Jade Page
Telephone	07787452164
Email	jade@bristolautismsupport.org
Website	www.bristolautismsupport.org

Section 2: Bristol Local Area

Service Name	Youth Club	
Brief overview of activity		
<p>This youth club for autistic girls aged 12-18 is a place where they can be themselves, feel part of a tribe, and develop social connections. Over time, positive discussions about neurodiversity, self-advocacy, healthy relationships, consent, puberty etc can be had in a safe, supportive way. Flexible activities will be available along with lightly structured activities led by group (e.g. crafts etc), facilitated by experienced youth workers. This term-time club will run weekly throughout the 2022-2023 academic year.</p>		
Target group/s		
12-18 years: Youth Club.		
Access criteria		
<ul style="list-style-type: none"> • 12 to18 year olds who were assigned female at birth • Diagnosed with autism or waiting to be assessed for autism • Enrolled at a mainstream school in Bristol • NeonDaisy to work directly with local schools and local authority to identify appropriate young people. • 1 to 1 support not available 		
Areas of delivery		
<ul style="list-style-type: none"> • Bristol 		
Where will the activity take place?		
Bristol location - to be confirmed		
When will the service / training / activity take place?		
Days of the week: Wednesday (tbc)	Time of day: 6-8pm (tbc)	
Service dates:		
Sept 2022-July 2023, term time only (full academic year)		
Organisation	NeonDaisy	
Project Lead	Amy Holgate	
Telephone	07585 112009	
Email	amy@neondaisy.org.uk	
Website	www.neondaisy.org.uk	

Service Name	Support for Parents Around Communication and Engagement SPACE	
Brief overview of activity		
<p>Active recruitment is underway for 1.5 whole time equivalent band 4 Integrated Therapies support Practitioners. These are new fixed term posts. Expressions of interest to be invited from existing OT and SLT Team members to offer up to one half day a week to support the band 4 Practitioners through Continued Professional Development(CPD) and supervision.</p> <p>The SPACE practitioners will join the established Early Support Practitioners Team and all Practitioners will benefit from any training or resources available. Our partners Autism Independence are in close contact contributing to the ideas for recruitment and planned activity. Consideration has started on steering the project and how to monitor and report the activity and outcomes.</p>		
Target group/s		
0-5 years	18 to 30 months	
Access criteria		
<ul style="list-style-type: none"> Concern from a Health Visitor, Paediatrician or Therapist following an advice line call indicating social communication difficulties and accompanying needs in activities of daily living. Co-ordination of the gathering of concerns from the Bristol Communities to be supported by our partners Autism Independence Age range 18 months to 30 months likely to be before any targeted or specialist services available to the family. Family living in a Bristol Community 		
Areas of delivery		
<ul style="list-style-type: none"> Bristol 		
Where will the activity take place?		
<ul style="list-style-type: none"> In the child's home if this is parental preference. Children's and Community Centres if that is a preference Some virtual support packages for continuing support to the families 		
When will the service / training / activity take place?		
Days of the week: Monday to Friday	Time of day: Core hours 9 to 4 to allow for Lone Working requirements if working in a home or in the community.	
Service delivery period:		
April 2022 to March 2023 including cover in school holidays		
Additional Information		
N/A		
Contact details		
Organisation	Sirona Care and Health	
Project Lead	Alyson Harris	
Telephone		
Email	alyson.harris@nhs.net	
Website	www.cchp.nhs.uk	

Service Name	COSI-Communication and Social Interaction Team
Brief overview of activity	
<u>Educational Support/Individual Support Training</u>	
<p>The service will educate practitioners through group training; any provider/practitioner who works with neurodivergent C/YP across Health, Social Care and Education e.g., Police, Social Care practitioners, Education providers, out of school providers, health visitors, School nurses, Youth Offending Team, School transport etc through training.</p>	
<p>The service will support the delegate and organisation/setting to understand and embrace neurodiversity by raising Awareness, knowledge and understanding.</p>	
<p>Mainstream Primary-post 16 educational Settings will have a designated link (Specialist Teacher/Mentor in the age phase). Post 16 would also offer transition advice into employment.</p>	
<p>The educational setting will have the following core service offer:</p>	
<ul style="list-style-type: none"> • Annual Cohort Meeting including focus on data for each setting leading to informed service planning across Health, Social Care and Education. The cohort meeting will provide advice and strategies to education providers for individual Children and young people who are referred. Advice will be tailored using a graduated response and those children and young people requiring direct active casework will be identified (This will be the setting referral point to the service– Term 1). • A Specialist Practitioner will work directly with the setting and support the Neurodivergent Child and young person in close partnership with families. • An Advice Clinic is conducted in Term 4 and will be referral point for settings we would like advice. The advice can be for the education professional and family. • Transition Support: All settings will be given a package of advice on supporting transition for Neurodivergent pupils. • Identity Groups: The family practitioner will liaise with the education link and will deliver training around identity groups to upskill practitioners. 	
<u>Family Support</u>	
<p>The service will support families in clarifying the perceived benefits of diagnosis, focussing on a needs led approach. Support families with embracing neurodiversity, providing strategies and signposting to information/networks.</p>	
<p>We work with parents and wider members of the family to support family relationships, promote wellbeing and enhance the relationship between home and school.</p>	
<p>The service will aim to develop parent/carer peer and group support, working within the family's local community.</p>	
Target group/s	
<p>Children, Young People, Families, Employers and any practitioner involved within any form of Education (including educating and working closely with health and social care practitioners including health visitors. G.P's), play and Community Groups.</p>	
Access criteria	
<ul style="list-style-type: none"> • Families who are a parent/carer living in Bristol or who attend a Bristol educational setting. • Autistic Child/young person with a diagnosis • Neurodivergent Child/young person on the autism pathway • Neurodivergent Child/young person with social communication, Interaction Need 	

Areas of delivery	
<ul style="list-style-type: none"> • Bristol 	
Where will the activity take place?	
<ul style="list-style-type: none"> • Bristol Educational settings • Virtual cohort meetings • Face to face and online family learning courses with venues across the city • Direct support in the Home 	
When will the service / training / activity take place?	
Days of the week: Monday-Friday (Termtime only)	Time of day: N/A
Service dates:	
Organisation	Bristol City Council
Project Lead	Emma Noble and Bill Rigg
Telephone	07789924831
Email	bristol.autism.hotline@bristol.gov.uk
Website	N/A

Section 3: North Somerset Local Area

Service Name	Chat and Craft	
Brief overview of activity		
<p>A relaxed and friendly space for parents to talk with other parents who have children on the spectrum without pressure, where they can bring their children/young people to try new crafts, a place to reduce family stress and introduce new crafts they can try together as a family to help with social skills.</p> <p>A safe place they can ask for confidential help and advice. We can offer advice on a range of topics gained from professional, educational, and lived experience, where we do not have the knowledge, we can signpost families to other organisations for the appropriate help. A private space is available to talk confidentially to a member of the team.</p>		
Target group/s		
<ul style="list-style-type: none"> • 11-25 years • Parent carers 		
Access criteria		
Access to these Chat and craft sessions will be limited to families of children with SEN children under 13 can attend only when accompanied with a parent/carer.		
Areas of delivery		
<ul style="list-style-type: none"> • North Somerset 		
Where will the activity take place?		
The activity will take place initially take place at 65 High Street Nailsea; should there be a need, we could move this to other locations across the BSNSSG catchment area.		
When will the service / training / activity take place?		
Days of the week: Monthly on Saturday	Time of day: Saturday afternoons between 2:00pm and 4:00pm	
Additional information		
<p>Full details of all activities including booking arrangements will be available on our website https://bridgingthegaptogether.org.uk/events</p> <p>Details of all events will also be on our Facebook page https://www.facebook.com/groups/BridgingTheGap.ltd/</p> <p>Do you want to be updated via email, please visit our website homepage https://bridgingthegaptogether.org.uk and sign up there?</p>		
Contact details		
Organisation	Bridging The Gap Together!	
Project Lead	Liz Kelly	
Telephone	07976 574111	
Email	Liz.kelly@bridgingthegaptogether.org.uk	
Website	https://bridgingthegaptogether.org.uk	

Service Name	Minecraft	
Brief overview of activity		
Our Minecraft gaming group offers young people 16 plus with autism and learning disabilities the opportunity to learn and develop their social skills. The sessions are moderated by our team of young people with autism who are keen to work together to help their peers to develop personal friendships that can be transferred to online Minecraft sessions and outside into the real world.		
Target group/s		
<ul style="list-style-type: none"> • 16-25 years • Parent carers 		
Access criteria		
<ul style="list-style-type: none"> • Due to the rules set in place by Microsoft young people under 13 are not allowed to register to play Minecraft. • Players under 16 who wish to play, must be accompanied by a parent/carer, who must give permission for their young person to be allowed to play. 		
Areas of delivery		
<ul style="list-style-type: none"> • North Somerset 		
Where will the activity take place?		
65 High Street Nailsea.		
When will the service / training / activity take place?		
Days of the week: Monthly on Saturday	Time of day: Saturday afternoons 14:00 – 16:00	
Additional information		
We have a limited supply of laptops and iPads with Minecraft on.		
If you have Minecraft on your own device and you would like to use that you are more than welcome to bring that, we will provide you with the server IP address and port number to enable you to join with other members of the club.		
Contact details		
Organisation	Bridging The Gap Together!	
Project Lead	Liz Kelly	
Telephone	07976 574111	
Email	liz.kelly@bridgingthegaptogether.org.uk	
Website	https://bridgingthegaptogether.org.uk	

Service Name	Photography	
Brief overview of activity		
Photography group, these sessions will initially be held outdoors across North Somerset, to encourage young people with autism and learning disabilities to get out in the fresh air to have a better awareness of the world around them, nature and mindfulness, teaching them to look for the unexpected and see things from a different angle and encouraging them to build friendships by sharing their photographs with others.		
Target group/s		
<ul style="list-style-type: none"> • 11-25 years • Parent carers 		
Access criteria		
Anyone under 16 who is in fulltime education and wishes to take part should be accompanied by a parent/carer for support and been given permission for their young person to be allowed to attend. They must also be on an authorised absence from their educational placement.		
Areas of delivery		
<ul style="list-style-type: none"> • North Somerset 		
Where will the activity take place?		
These photography sessions will take place in and around the Weston-Super-Mare /North Somerset areas.		
When will the service / training / activity take place?		
Days of the week: Monthly on Thursday	Time of day: 11:00 – 13:00	
Additional information		
Wet weather clothing is necessary - bring sufficient water for the duration of the activity.		
Contact details		
Organisation	Bridging The Gap Together!	
Project Lead	Liz Kelly	
Telephone	07976 574111	
Email	liz.kelly@bridgingthegaptogether.org.uk	
Website	https://bridgingthegaptogether.org.uk	

Service Name	NSPCWT Peer Support Sessions with SAY
Brief overview of activity	
<p>Providing peer support to parents, carers and those working with children and young people with additional needs and / or disabilities; for the benefit of children and young people, their carers and families</p> <p>NSPCF-WT and SEND & You (SENDIAS) delivering (in term time):</p> <p>a) Monthly Locality / community-based hub - peer support drop-in sessions are being arranged to create opportunities for parent carers to meet others and help ensure a supportive community along with good signposting to further support where needed.</p> <p>b) In School Parent Carer peer support session: We are aiming to provide at least one SEND Coffee morning in every school across North Somerset during the reporting period to offer peer support. These will develop and encourage SEND parent carer school communities to regularly meet whilst supporting parent carers and school staff to work together. Signposting to further support & advice, where needed, will also be offered and schools can benefit from learning about local support services.</p>	
Target group/s	
Parent carers of and those working with children / Young people (0-25) with additional need and / or disabilities.	
Access criteria	
As above.	
Areas of delivery	
<ul style="list-style-type: none"> • North Somerset 	
Where will the activity take place?	
<ul style="list-style-type: none"> • North Somerset 	
When will the service / training / activity take place?	
Please view our website for dates and times www.nspcwt.org	
Service delivery period:	
April 2022 – March 2023 (mainly term time)	
Additional Information	
<p>April: 28th April 2022 Drop in coffee The Firs 9.30</p> <p>May: 3rd May 2022 Haywood coffee+SAY 9.30 4th May 2022 Portishead pri 10 + SAY 5th May 2022 SB Clevedon AM 10th May 2022 Young carers coffee +SAY 9.30 11th May 2022 St Barnabas +SAY 12-2.30 12th May 2022 Childminder drop in 9.30 17th May 2022 Herons Moor +SAY 9.30 18th May 2022 St Peters +SAY 10 19th May 2022 St Annes +SAY 9.30 The Firs 12-2 24th May 2022 Bournville +SAY 9.30 25th May 2022 Worlebury 9.30 St Barnabas coffee eve +SAY Walliscote 9.30 The Firs 12.30</p>	

June 2022

8th June 2022 Castle Batch +SAY 9.30

9th June 2022 Drop in coffee The Firs 9.30 +SAY

14th June 2022 Milton Park 9.30 +SAY

15th June 2022 Flax Bourton

16th June 2022 The Firs 12-2 +SAY

21st June 2022 Locking 9.15 +SAY

22nd June 2022 Yatton 9.30 St Barnabas 12-2.30 +SAY

23rd June 2022 Mendip Green @ The Firs PM

Contact details

Organisation	North Somerset Parent Carers Working Together CIC
Project Lead	Hayley Wyatt
Telephone	01934 440841
Email	hayley@nspcwt.org
Website	www.nspcwt.org

Service Name	NSPCWT - Training & Workshops Project
Brief overview of activity	
<p>Training / workshops, aiming to provide guidance on a variety of topics for parents, carers and those working with children and young people with additional needs and / or disabilities; for the benefit of children and young people, their carers and families.</p> <p>Training and workshop sessions will be publicised on our website / Social Media when available to book with potential topics covering:</p> <p>Demand Avoidance, Dyspraxia, Introduction to NVR, Suicide Prevention, Self-Harm awareness, Eating Disorders, Complex Medical Conditions and serious Illness, Sleep Issues / seminar practical strategies, supporting siblings of children with neurodiversity, happier healthier stress free mealtimes, Bladder & Bowel advice, parenting tips for children with ADHD, Makaton for early years / children & young people, Autism in Girls, Young people supporting their self-esteem / build healthy relationships, managing your neurodiverse child's difficult behaviour, Dyslexia / Dyscalculia workshop etc.</p>	
Target group/s	
Parent carers of and those working with children / Young people (0-25) with additional need and / or disabilities	
Access criteria	
As above	
Areas of delivery	
<ul style="list-style-type: none"> • North Somerset 	
Where will the activity take place?	
<ul style="list-style-type: none"> • North Somerset (including online) 	
When will the service / training / activity take place?	
Please view our website for dates and times https://www.nspcwt.org/training	
Service delivery period:	
April 2022 – March 2023 (mainly term time)	
Additional Information	
<p>07.04.2022 Puberty in Girls 03.05.2022 Dyslexia 03.05.2022 Dyscalculia 12.05.2022 Dyspraxia 17.05.2022 An introduction FASD 18.05.2022 "How can I be a strong advocate for the child in my care" 19.05.2022 Parent/Carers Financial Advice Toolkit 25.05.2022 Epilepsy 09.06.2022 Sleep 15.06.2022 Diabetes 21.06.2022 Diabetes 22.06.2022 "How to become confident for YOU" 30.06.2022 De-escalation</p>	

Contact details	
Organisation	North Somerset Parent Carers Working Together
Project Lead	Angie Griggs
Telephone	01934 440845
Email	angie@nspcwt.org
Website	www.nspcwt.org

Service Name	The Autism and Social Communication Knowledge (ASK) Project	
Brief overview of activity		
<p>The ASK project was designed following consultation with a group of autistic young adults. It will involve schools, nurseries and those working in other early years settings who will be able to choose 8 hours of support from the following menu;</p> <ul style="list-style-type: none"> • Training in Making Sense of Autism (2 hours, beginners level), Good Autism Practice (6 hours, intermediate level), Extending Good Autism Practice (6 hours- higher level), Leading Good Autism Practice (3 hours - for managers). • Coaching and mentoring in Progression Framework (an assessment tool for learners), Competency framework (to help individuals reach standards of autism support) Standards for settings (to help create autism friendly environments). <p>For further information click the link https://www.autismeducationtrust.org.uk/early-years-professional-development-programme</p>		
Target group/s		
<p>Early Years (EY) practitioners including early years teachers and teaching assistants, nursery nurses, keyworkers and child minders. We will also aim to attract health care professionals such as health visitors and paediatric nurses. Parents/ carers of children with a diagnosis of autism or who are on the diagnostic pathway, or who have identified traits of social communication difference will be encouraged to attend with practitioners to ensure co-production and parity of support across all settings.</p>		
Access criteria		
TBC		
Areas of delivery		
<ul style="list-style-type: none"> • North Somerset 		
Where will the activity take place?		
TBC		
When will the service / training / activity take place?		
Days of the week:	Time of day:	
TBC	TBC	
Additional information		
Contact details		
Organisation	Neuroteachers	
Project Lead	Catrina Lowri	
Telephone	07879663714	
Email	Catrina.lowri@gmail.com	
Website	https://www.neuroteachers.com/	

Section 4: South Glos. Local Area

Service Name	Freedom Club	
Brief overview of activity		
<p>An early-intervention Freedom Club for 7–11-year-old autistic girls who are in mainstream school to spark healthy connections that last into the future. The same girls will attend a weekly session, for 12 weeks, to build familiarity and trust. The pilot will be based in South Gloucestershire, supporting 10 girls in total. It will run between May – July 2022. These outdoor sessions will be provided by an established community provider, Mudpie Explorers CIC, in collaboration with NeonDaisy. Sessions will be facilitated by specialist forest school workers, giving space for the girls to explore interests and build confidence and connections. Sessions may also include light-touch conversations about neurodiversity and identity. There will also be two sessions for the girls’ parents/carers to help them connect too.</p>		
Target group		
<ul style="list-style-type: none"> • 7-11 years 		
Access criteria		
<ul style="list-style-type: none"> • 7- to 11-year-olds who were assigned female at birth • Diagnosed with autism or waiting to be assessed for autism • Enrolled at a mainstream school in South Gloucestershire • 1 to 1 support not available • NeonDaisy to work directly with local schools to identify appropriate children 		
Areas of delivery		
<ul style="list-style-type: none"> • South Gloucestershire 		
Where will the activity take place?		
<ul style="list-style-type: none"> • Lincombe Barn Woods, Downend 		
When will the service / training / activity take place?		
Days of the week: Saturday	Time of day: 3.45-5.45pm	
Service dates:		
May – July 2022, term time only (term 5 and 6)		
Contact details		
Organisation	NeonDaisy	
Project Lead	Amy Holgate	
Telephone	07585 112009	
Email	amy@neondaisy.org.uk	
Website	www.neondaisy.org.uk	

Service Name	360 degrees project	
Brief overview of activity		
<p>What is important to families and those who work with children is that a child's needs are identified and understood as early as possible and that the necessary support around the child is addressed for the child to experience inclusion and openness to learning. We need to remove the barriers that can often block a child's progress. It is important we see the child as a whole and not just how they are at school or at home. This project will introduce Peer Supporters working within schools to help facilitate various activities and Peer support to parent carers who often feel very isolated. We do this by:</p> <ol style="list-style-type: none"> 1) Increasing awareness: by running information sessions based on certain needs/themes for the wider community 2) Increasing knowledge and information: the Peer Supporters can look to organise/run some more targeted group work based on discussions with the school cluster lead/SENCO or families. 3) Community Support: Peer Supporters can signpost families to the amazing groups that already exist and to the community support work that South Glos Parent Carers already offer. 4) Family support work: we will look to coordinate some drop-in sessions with professionals from Integra that would benefit the families and the school setting. Our peer support worker may also be able to help with some peer-to-peer support connected to SGPC or can link with the Early help team or SEND and You. Our Peer Supporters are not there to replace any statutory roles and responsibilities but to work with them. 		
Target group		
The support network around a child - Parent Carers, Education Staff and any other community support staff that wish to learn more about a child they are supporting.		
Access criteria		
<ul style="list-style-type: none"> • Currently open to SEND clusters 2 and 4.5 (may offer wider for some events) • Aimed at primary and secondary schools 		
Areas of delivery		
<ul style="list-style-type: none"> • South Gloucestershire 		
Where will the activity take place?		
<ul style="list-style-type: none"> • Various schools and community areas 		
When will the service / training / activity take place?		
Days of the week: Various	Time of day: Various-mainly during the school day	
Service dates:		
Term time only		
Contact details		
Organisation	South Glos Parent Carers	
Project Lead	Caz LeRoy	
Telephone	07737 293289	
Email	support@sglospc.org.uk	
Website	www.sglospc.org.uk	

Service Name		South Gloucestershire LA - Integra	
Brief overview of activity			
Autism Education Trust training – Making Sense of Autism – this three-hour course raises awareness and deepens understanding of autism and will be offered to all schools and Post 16 provisions in South Gloucestershire.			
Target group/s			
6-11 years:	✓		
11-16 years:	✓		
16-18 years:	✓		
18 – 25 years	✓		
Access criteria			
Delegates are part of a school community or Post 16 staff team in South Gloucestershire			
Areas of delivery			
<ul style="list-style-type: none"> • South Gloucestershire 			
Where will the activity take place?			
<ul style="list-style-type: none"> • Online 			
When will the service / training / activity take place?			
Days of the week: Monday to Friday		Time of day: 9.00 am -12pm or 4.00 – 5.30pm	
Service delivery period:			
April 2022 – March 2023 term time only.			
Additional Information			
N/A			
Contact details			
Organisation	Integra – Inclusion Support Service		
Project Lead	Claire Phillips		
Telephone	01454 868598		
Email	Claire.phillips@southglos.gov.uk		
Website	n/a		

Service Name		The Being Me Club	
Brief overview of activity			
The Being Me Club is a fun and empowering creative drama club for girls from 11-14 years of age with low confidence caused by social and communication challenges.			
Target group/s			
11-16 years:	✓		
Access criteria			
This club is for cis-female young people from 11-14 years of age, in mainstream education, with low confidence caused by social and communication challenges, who may or may not have a diagnosis of ASD.			
Areas of delivery			
<ul style="list-style-type: none"> South Gloucestershire 			
Where will the activity take place?			
<ul style="list-style-type: none"> 2 locations in South Gloucestershire, to be confirmed during phase 1 of the project. 			
When will the service / training / activity take place?			
Days of the week:		Time of day:	
TBC - informed by phase 1 research		TBC - informed by phase 1 research	
Service delivery period:			
April 2022 - January 2023			
Additional Information			
Contact details			
Organisation	Can't Sit Still		
Project Lead	Catherine Boot		
Telephone	07855 50379		
Email	cat@cantsitstill.net		
Website	www.cantsitstill.net		

Initiative Lead:

Name	Email	Mobile
Mark Hemmings	mark.hemmings@nhs.net	07810814279