



## Know someone searching for her tribe?

Our Freedom Club connects and inspires autistic girls

This NHS-funded Freedom Club is especially for girls with an autistic profile aged 7 to 11. It's a 12-week group based in the woods, where they can have fun in nature, connect with each other, learn about the magic of neurodiversity and be completely themselves.

NeonDaisy, a local community organisation which helps autistic girls bloom, is working with Mud Pie Explorers to provide the Freedom Club. Mud Pies has ten years' experience of running Forest School sessions for children with additional needs.

### About the sessions

- 2-hour sessions at Lincombe Barn Woods in Downend.
- 12 weekly sessions on Saturdays over Term 5 and Term 6.
- A maximum of 10 girls with three trained facilitators.
- Two campfire sessions for parents also included.
- Cost to parents: £4 per session.

### Who's it for?

- Cisgender girls and non-binary young people assigned female at birth, age 7-11.
- They might be diagnosed as autistic or are awaiting assessment.
- They are in mainstream education, even if they don't currently feel able to attend. We aren't able to provide 1 to 1 support.
- We will be talking positively about autism and neurodiversity during the sessions.

**If you know a girl who could bloom with us, please email [amy@neondaisy.org.uk](mailto:amy@neondaisy.org.uk), including a phone number so we can get in touch. Deadline for registrations is 15 April.**

***Parents can also join our private group to help connect with other families and get support. Search 'NeonDaisy' on Facebook.***

For more information about our work visit [www.neondaisy.org.uk](http://www.neondaisy.org.uk) and [www.mud-pies.co.uk](http://www.mud-pies.co.uk)