

## ST CHADS MENU Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main</b>	<b>Main</b>	<b>Main</b>	<b>Main</b>	<b>Main</b>
Thick Crust Margherita Pizza w. Veg Sticks	Pasta Bolognese w. Veg Sticks	Chicken Goujons, Herby Diced Pots & Mixed Salad	Jacket Potato & Cheese with Coleslaw	MSC Fish Fingers, French Fries & Beans
Thick Crust Vegetable Pizza w. Veg Sticks	Tomato Pasta Bake w. Veg Sticks	Quorn Popcorn, Herby Diced Pots & Mixed Salad	Jacket Potato with Beans and Coleslaw	Veggie Nuggets, Chips and Beans
Cheese Sandwich	Cheese Sandwich	Cheese Sandwich	Jacket Potato with Tuna Mayo & Coleslaw	Cheese Sandwich
Egg Mayo Sandwich	Egg Mayo Sandwich	Tuna Mayo Sandwich	Quorn Burger in a Bun w. Veg Sticks	Egg Mayo Sandwich
			Cheese Sandwich	
			Ham Sandwich	
<b>Dessert</b>	<b>Dessert</b>	<b>Dessert</b>	<b>Dessert</b>	<b>Dessert</b>
Yoghurt	Shrewsbury Biscuit	Sultana Flapjack	Gingerbread Biscuit	Fruit Jelly
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit

### Allergens

**Gingerbread Biscuit:** Cereals containing gluten; **Shrewsbury Biscuit:** Cereals containing gluten, Eggs; **Chicken Goujons, Herby Diced Pots & Mixed Salad:** Cereals containing gluten; **Quorn Popcorn, Herby Diced Pots & Mixed Salad:** Cereals containing gluten, Eggs; **Thick Crust Margherita Pizza w. Veg Sticks:** Cereals containing gluten, Eggs, Milk, Soya; **Thick Crust Vegetable Pizza w. Veg Sticks:** Cereals containing gluten, Eggs, Milk, Soya; **Quorn Burger in a Bun w. Veg Sticks:** Cereals containing gluten, Eggs, Milk; **Pasta Bolognese w. Veg Sticks:** Cereals containing gluten; **Tomato Pasta Bake w. Veg Sticks:** Cereals containing gluten; **Sultana Flapjack:** Cereals containing gluten, Sulphur Dioxide; **Jacket Potato & Cheese with Coleslaw:** Eggs; **Jacket Potato with Tuna Mayo & Coleslaw:** Eggs, Fish; **Jacket Potato with Beans and Coleslaw:** Eggs; **Veggie Nuggets, Chips and Beans:** Cereals containing gluten; **Tuna Mayo Sandwich:** Cereals containing gluten, Fish; **MSC Fish Fingers, French Fries & Beans:** Fish; **Yoghurt:** Milk; **Ham Sandwich:** Cereals containing gluten; **Cheese Sandwich:** Cereals containing gluten, Milk; **Egg Mayo Sandwich:** Cereals containing gluten, Eggs

## ST CHADS MENU Week 2

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main</b>	<b>Main</b>	<b>Main</b>	<b>Main</b>	<b>Main</b>
Macaroni Cheese, Baguette Wedge & Sweetcorn	All Day Brunch-Sausage, Bacon, Hash Brown, Tom, Beans	Chicken Pasta Bake with Sweetcorn & Peas	Pork Sausage Hotdog w. Veg Sticks	MSC Fish Fingers, French Fries & Beans
Cheese Sandwich	All Day Veggie Brunch-Veg Saus, Hash Brown, Tom, Bean	Tomato Pasta Bake with Sweetcorn & Peas	Vegetarian Sausage Hotdog w. Veg Sticks	Veggie Burger, Chips & Beans
Egg Mayo Sandwich	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich
	Egg Mayo Sandwich	Tuna Mayo Sandwich	Ham Sandwich	Egg Mayo Sandwich
<b>Dessert</b>	<b>Dessert</b>	<b>Dessert</b>	<b>Dessert</b>	<b>Dessert</b>
Cherry Shortbread	Crunchy Cake	Fresh Fruit	Raspberry Jelly	Arctic Roll
Fresh Fruit	Fresh Fruit		Fresh Fruit	Fresh Fruit

### Allergens

**Crunchy Cake:** Cereals containing gluten, Milk, Soya, Sulphur Dioxide; **Pork Sausage Hotdog w. Veg Sticks:** Cereals containing gluten, Sulphur Dioxide; **Vegetarian Sausage Hotdog w. Veg Sticks:** Cereals containing gluten; **Macaroni Cheese, Baguette Wedge & Sweetcorn:** Cereals containing gluten, Milk; **Chicken Pasta Bake with Sweetcorn & Peas:** Cereals containing gluten; **Tomato Pasta Bake with Sweetcorn & Peas:** Cereals containing gluten; **Tuna Mayo Sandwich:** Cereals containing gluten, Fish; **Veggie Burger, Chips & Beans:** Cereals containing gluten; **MSC Fish Fingers, French Fries & Beans:** Fish; **Arctic Roll:** Cereals containing gluten, Eggs, Milk, Soya; **Cherry Shortbread:** Cereals containing gluten, Sulphur Dioxide; **All Day Brunch-Sausage, Bacon, Hash Brown, Tom, Beans:** Cereals containing gluten, Sulphur Dioxide; **All Day Veggie Brunch-Veg Saus, Hash Brown, Tom, Bean:** Cereals containing gluten, Eggs, Milk, Sulphur Dioxide; **Ham Sandwich:** Cereals containing gluten; **Cheese Sandwich:** Cereals containing gluten, Milk; **Egg Mayo Sandwich:** Cereals containing gluten, Eggs

## ST CHADS MENU Week 3

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main</b>	<b>Main</b>	<b>Main</b>	<b>Main</b>	<b>Main</b>
Pizza pasta, seasonal vegetables & garlic bread	Sausage Roll, Potato Wedges & Beans	Chicken Burger in a Bun, Salad & Sweetcorn	Macaroni Cheese with Carrot Sticks & Coleslaw	Fish Fingers, Chips & Peas
Cheese Sandwich	Vegetable Sausage Roll, Potato Wedges & Beans	Southern Frd Quorn Burger & Bun, Salad & Sweetcorn	Cheese Sandwich	Veggie Nuggets, Chips & Peas
Egg Mayo Sandwich	Cheese Sandwich	Cheese Sandwich	Ham Sandwich	Cheese Sandwich
	Egg Mayo Sandwich	Tuna Mayo Sandwich		Egg Mayo Sandwich
<b>Dessert</b>	<b>Dessert</b>	<b>Dessert</b>	<b>Dessert</b>	<b>Dessert</b>
Yoghurt	Ice Cream Cup	Cocoa Crunch	Fresh Fruit Salad Cup	Fruity Oatmeal Cookie
Fresh Fruit	Fresh Fruit	Fresh Fruit		Fresh Fruit

### Allergens

**Sausage Roll, Potato Wedges & Beans:** Cereals containing gluten, Sulphur Dioxide; **Vegetable Sausage Roll, Potato Wedges & Beans:** Cereals containing gluten; **Ice Cream Cup:** Milk; **Chicken Burger in a Bun, Salad & Sweetcorn:** Cereals containing gluten; **Southern Frd Quorn Burger & Bun, Salad & Sweetcorn:** Cereals containing gluten, Eggs, Milk, Sesame seeds; **Fish Fingers, Chips & Peas:** Cereals containing gluten, Fish; **Veggie Nuggets, Chips & Peas:** Cereals containing gluten; **Macaroni Cheese with Carrot Sticks & Coleslaw:** Cereals containing gluten, Eggs, Milk; **Tuna Mayo Sandwich:** Cereals containing gluten, Fish; **Yoghurt:** Milk; **Pizza pasta, seasonal vegetables & garlic bread:** Cereals containing gluten, Milk; **Cocoa Crunch:** Cereals containing gluten, Eggs, Sulphur Dioxide; **Fruity Oatmeal Cookie:** Cereals containing gluten, Sulphur Dioxide; **Ham Sandwich:** Cereals containing gluten; **Cheese Sandwich:** Cereals containing gluten, Milk; **Egg Mayo Sandwich:** Cereals containing gluten, Eggs